Henrico Area MH&R SB

10299 Woodman Road, (804) 261-8500

From North of Richmond - Take I95 South, pass the Atlee Exit. Take Exit 84-B, I295 (Charlottesville). (DO NOT TAKE THE LEFT EXIT FOR I295, TOWARDS NORFOLK AND ROCKY MOUNT). Follow the access road past the exits for Highway 1. Once you are on I295, go approximately 1.5 miles. Take the second exit, Exit 45-B, "Woodman Road SOUTH". Follow Woodman Road through the first stop light. Continue past several houses on the left and the first two public driveways. (The second public driveway has a sign, "Henrico County Operations and Maintenance"). Turn left into the 3rd public driveway. The sign says, "Henrico Area Mental Health and Retardation Services."

<u>From South or East of Richmond</u> - Take I95 North through Richmond, pass the Parham Road Exit. Take Exit 84-B, I295 (Charlottesville). Once you are on I295...see above.

<u>From West of Richmond</u> - Take I64 East to Exit 177 (I295). Follow I295 to Exit 45-B (Woodman Road South). Follow Woodman Road....(see above).